

5/3/24

Mental Health Resource List

- **Suicide and Crisis Lifeline - 988**
- **Montana Suicide Prevention lifeline: 1-800-273-TALK (8255)**
This 24-hour hotline connects you to skilled, trained counselors
- **Bozeman Help Center Hotline: 406-586-3333 24-hour crisis hotline**
- **Crisis Text line: Text MT to 741-741 24/7 text line for people in crisis**

Dr. Chris Spromberg-LHC Clinical Psych (at Ranger Clinic on Mondays and Thursdays)- Call Nurse Holly at PHS 222-0448 ext. 210 or call LHC 222-3541

Local Therapists:

Adamo, Caitlin, LCPC, PMH-C

Fireweed Integrative Therapy, PLLC
Specializes in couples
Fireweed Counseling
406-282-1644

Anderson, Julie, MSW, SWLC, LAC

Specializes in youth, individuals, families, and substance abuse
Clark City Counseling, LLC
clarkcitycounseling@gmail.com
406-220-6204

Bandstra, Sara, MSW, LCSW

406-223-2877

Berglund, Becky, MA, LCPC

406-599-3528

Campbell, Meriweather, MA, LCPC, LAC

Specializes in substance abuse, trauma
406-223-8773

Egbers, Ben

Psychiatric Mental Health Nurse Practitioner
Ben@summitwellnesspllc.com
(406) 506-5762

Fettig, Megan, MA, LCPC, LPC

Via Telehealth
River Way Counseling
406-220-0851

Gentry, Sara, MA, LCSW

406-224-0533

Groff, Randi, MSW, LCSW

Specializes in children and their families, trauma, sexual abuse,
Oppositional Defiant Disorder
916-616-0321

Jester, Hannah: LCPC

Squiggle Path Healing LLC

Specializes in teens and adults that struggle with anxiety, depression, low
confidence/self-worth, religious trauma, and LGBTQIA+

phone: (406)220-6413

email: squigglepathhealing@gmail.com

Maya Howell, MSW, LCSW

Telehealth only

406-230-6089

Karls, Sarah, MA, LCPC

Specializes in working with ages 11 and up, including individual and family work.
Experience with anxiety, depression, self-esteem, and relational difficulties.
406-282-4670

Jans Wortelboer, Hettie - MS, LCPC

Youth and adults

406-223-0206

Jergenson, Psy. D, Rachel- Clinical Psychologist

Military experience. Specializes in depression, anxiety, loss, and
trauma. 406-224-0727

Kirlin, Maggie- Psychologist, PsyD

Specialty includes integrative psychotherapy to individuals who are motivated to make
deep, lasting, transformational change in their lives. EMDR and Internal Family Systems
(IFS)

406-295-6571

Loomis, Kris, MSW, LCSW

406-220-1761

McGrath, Debra, MA, LCPC

Specializes in grief, loss, trauma, and life transitions.
406-223-8205

McNamee, Lisa, MA, LCPC

Specializes in Somatic Psychotherapy

406-224-2949

Miquelle, Dana, MA, LCPC

Serves youth 5-12, adolescents, and adults (can also work with families and couples) with personality issues, depression, bipolar, psychotic states, autism, and trauma (PTSD)

406-587-8775

Nelson, Haley, MA, LCPC,

406-220-2290

Petrulis, Amy, MSW, LCSW - Specializes in EMDR and DBT- via Telehealth

406-223-2092

Petrulis, Chad, MSW, LCSW - youth and adults - via Telehealth

406- 823-3235

Rosenwald, Nicole, MSW, LCSW

Specializes in youth, individuals and families

406-223-2019

Seidl, Karolyn Psy. D- Clinical Psychologist-work with adolescents, adults, older adults, and couples on issues such as anxiety, depression, relationship difficulties, self esteem, school/career and life transitions.

443-465-1889

Schunk, Megan, MA, LCPC

406-285-8898

Talcott, Lisa, MSW, LCSW

406-224-7548

Titgemeier Stevens, Amy, MSW, LCSW

Breathing Room Counseling, LLC

406-224-4040

Turner, Amy, MA, ThM

406-222-3541

Kelcy Willyerd, PCLC

406-823-0001

sacredwaterscounseling@gmail.com

Community Health Partners

Behavioral Health Services

108 ½ Callender Street, Livingston, MT 59047

406-222-1111

Ana Peters, LCPC, LAC

Linda Reinhart, LCSW

Meredith Herzog, MSW, SWLC

Fees based on sliding scale.

L'esprit- Mental Health Agency for Children, Adolescents, and

Adults 124 South Main Street, Livingston, MT 59047

406-222-7641

Livingston Health Care

406-222-3541

Bellerive, Nicolle, LCSW

Christophel, Kayli, Psy. PA

Schwartzner, Sonya - LCSW

Swarny, Bruce, MD Psychiatry

Additional Community Resources:

Aspen (Abuse Support & Prevention Education Network) - Provides services to anyone in a situation of domestic or sexual violence.

411 East Callender Street Livingston, MT 59047

406-222-5902/406-222-8154 (24 Hours Crisis Line)

Big Brothers Big Sisters- Professionally supported mentoring for children and teens.

105 S. 2nd Street Livingston, MT 59047

406-222-1930

Child and Family Services (Park and Gallatin County)

406-585-9984

HRDC- Housing, Vouchers, Employment

406-585-4858

Juvenile Probation

406-222-4162

Livingston Health Care- Financial Counselors to assist in a child/adult obtaining health insurance

406.823.6623 or 406.823.6489

320 Alpenglow Lane, Livingston, MT 59047

Livingston Urgent Care

406-222-0030

Montana Peer Network- Support for individuals in recovery from mental health substance abuse and/or addiction struggles.

406-551-1058

Southwest Chemical Dependency- Outpatient treatment for substance use disorders 430 East Park Livingston, MT 59047

406-222-2812

Yellowstone Boys and Girls Ranch- Mental health center providing a broad range of services for children and their families. Staff currently available for services.

5237 HWY 89 South Suite 1 Livingston, MT 59047

406- 222 -6490

Youth Dynamics- Behavioral Health Services for Children and Families

817 West Park Street Livingston, MT 59047

406-222-6610

Family Outreach: Adult and Children services

406-587-2477

CASA- Our mission in Park and Sweet Grass Counties is Advocating for Abused and Neglected Children within the Judicial System. You can help by becoming a sponsor, or by volunteering your time and becoming a Court Appointed Special Advocate! 105 N 2nd Street #227, Livingston, MT 59047

406-222-4904

Montana Child Abuse Hotline

1-866-820-5437

Montana Department of Health and Human Services (Children's Mental Health Bureau) 406-444-4545

<http://dphhs.mt.gov/amdd/Suicide>

Healthy Montana Kids- Office of Public Assistance

888-706-1535

Center for Disease Control and Prevention (CDC)

<http://www.cdc.gov/violenceprevention/suicide/>

Websites:

<http://www.suicidepreventionlifeline.org/GetHelp/LifelineChat.aspx>

<http://suicide.org>

<http://save.org>

Most area pastors are trained in grief and offer free sessions.

*This is a list of known mental health providers in Park and Gallatin Counties, Montana. This list is not exhaustive and is provided as a courtesy, for information only.